

# Justina Sebag-Montefiore

BSc LFOH

Pragma

## Occupational Hygienist

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### SUMMARY OF EXPERIENCE

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My 20 years' experience as an occupational hygienist includes acting as Specialist Inspector for the Health and Safety Executive (HSE). In addition, I have extensive practical experience in industries including fabrication, food, plastics manufacturing and commercial agriculture. I have experience in the management of all health hazards in large manufacturing organisations, with Network Rail, at the Devonport Dockyard and in the chemicals industry.

During the COVID 19 pandemic, I worked with the HSE's national team that assessed PPE for healthcare including investigating the variability of approval processes.

My work at Devonport Dockyard included managing and developing the occupational hygiene department supporting 4,000 fixed term workers and 1,500 temporary employees. My roles have included the implementation of policies, strategies and training programmes on health hazards including asbestos, wood dusts, metal fumes and legionella, as well as developing audit programmes.

I am a member of the Faculty Committee of the British Occupational Hygiene Society (BOHS) and lead a strategic working group within the committee.

### ACADEMIC QUALIFICATIONS

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- BSc (Hons) Environmental Science and Environmental Geography
- Diploma in work experience in environmental science

### PROFESSIONAL QUALIFICATIONS

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- BOHS Certificate of Operational Competency in Occupational Hygiene
- NEBOSH Regulator: Legal qualification
- BOHS Certificate of Professional Competence in Occupational Hygiene
- Quantitative face fit trainer (PortaCount)
- NEBOSH Diploma Part 1, Feb 2006
- IOSH Managing Safely
- Det Norsk Veritas (DNV) International Safety Rating System (ISRS) auditor
- Kelvin TOP-SET incident investigator

### PROFESSIONAL MEMBERSHIPS

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- Licentiate of the British Occupational Hygiene Society (BOHS) The Chartered Society for Worker Health Protection
- Elected committee member of the BOHS Faculty

## EMPLOYMENT HISTORY

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### **2024 – Date Pragma and Associates Ltd**

#### Occupational Hygienist

Provision of expert witness services in relation to industrial disease claims. Assisting with the provision of occupational hygiene consultancy services to employers and duty holders.

### **2024 - 2024 Office of Rail and Road Regulation**

#### Specialist Inspector Occupational Hygiene

Specialist regulator supporting inspectors and working with Network Rail and other train operating companies across the UK.

### **2019 - 2024 Health & Safety Executive**

#### Specialist Inspector Occupational Hygiene

Worked as a Specialist Inspector on health-related issues in a wide range of industries and workplaces and working with a wide range of organisational styles and sizes. Assisted the HSE's national PPE Tech Team for assessing PPE entering the UK market during the COVID 19 pandemic. Provision of expert witness reports for the Courts on both complex health cases and health related fatalities.

### **2016 - 2019 Babcock International Ltd**

#### Senior Occupational Hygienist

Managed and developed the occupational hygiene department at the Royal Naval Dockyard in Devonport supporting the health risk management of 4,000 fixed term workers and 1,500 temporary employees over a diverse environment and a multitude of activities. Assisted with assurance and developing compliance with legislation across the dockyard.

### **2009 - 2016 Tata Steel**

#### Occupational Hygienist

Worked for the Chief Medical Office developing a new group occupational health function across the company. Co-ordinated the regional medical officers, other occupational health professionals and occupational hygienists in professional teams to developing company specialised knowledge groups, standards and implementation systems on high-risk hazards.

### **2004 - 2009 Corus**

#### Occupational Hygiene graduate role

Developed and implemented new policies and strategies and gathered and processed statistics. Assisted with the integration of communications across the different European sites ensuring that our systems complied with both our company standards and local legislation.

### **2002 - 2003 RPS Consultants**

#### Occupational Hygiene Technician

Experience across all aspects of occupational hygiene monitoring, including: LEV testing, personal noise monitoring, sampling for dusts, mists, fumes and inhalable chemicals, lead monitoring, airborne biological agents. Completed environmental noise and stack emission monitoring and supported sampling on asbestos surveys.

### **2001 - 2002 BP Chemicals**

#### Occupational Hygiene Technician (Industrial placement)

Industrial placement year working as an occupational hygiene technician at a large chemical processing and manufacturing site undertaking a detailed programme of monitoring and analysis.